



MUSCULOSKELETAL MEDICINE, P.C.

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Prolozone

Prolozone Therapy is an injection developed by Dr. Frank Shallenberger that can be used alone or in conjunction with other regenerative injection therapies. It uses medical grade ozone to facilitate the repair of damaged joints, cartilage, ligaments and tendons. It activates damaged tissues and initiates repair.

Why is Ozone Used?

Ozone is a naturally occurring highly reactive molecule consisting of three atoms of oxygen. Because ozone is so reactive, it is able to stimulate fibroblastic and chondroblastic activity and facilitate the repair and oxygenation of injured tissue. This high level of reactivity, combined with the innate safety of oxygen, makes ozone the ideal therapeutic molecule.

What Conditions Can Be Helped With Prolozone?

PROLOZONE therapy may be helpful for most musculoskeletal problems including:

TMJ	Hand Arthritis	Meniscus Tears
Neck Pain	Mid and Lower Back Pain	Ligament Laxity
Degenerative Joint Disease	Sciatica	Unresolved Ankle Sprain
Rotator Cuff Tendinopathy	Pelvic Pain	Plantar Fasciitis
Tennis and Golfers Elbow	Groin Pain	Achilles Tendinitis
Carpal Tunnel Syndrome	Disc Degeneration	Heel Spurs
Trigger Fingers	Knee Arthritis	Morton's Neuroma

What Can I Expect?

Dr Finkenstadt will evaluate you to assess whether or not you are a candidate for Prolozone. If the doctor determines that you are a candidate for Prolozone, a treatment plan will be developed to help you recover. The frequency of treatment is every 2-4 weeks. The number of treatments varies from patient to patient, although 6 or more treatments may be necessary.